



www.iiys.org.uk

# Institute of Iyengar Yoga in Sussex

ANNUAL GENERAL MEETING

Beechwood Hall, Beechwood Lane, Cooksbridge BN7 3QG

preceded by

## A Morning of Yoga with GENIE HAMMOND

Sunday 25<sup>th</sup> March 2012 10.30am to 1.30pm

followed by a catered buffet lunch and IIYS AGM at about 2.00pm

Genie is one of our senior-most and long standing teachers. She studied with Mr Iyengar many times, notably in the medical classes in Pune, where she developed a very sharp eye and an intuitive understanding of people's way of using their body in asana and in daily life. She was a founder member of the London IYI. Her teaching is clear, direct and humorous.

**£15 members    £15 non members    lunch included**

**Suitable for practitioners with at least one years practice. This is not an equipped yoga venue so please bring your yoga equipment.**

**Beechwood Lane is off the A275 just south of Cookbridge. There is ample parking at the Hall. Nearest Rail Cooksbridge.**

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**Booking Form**

**(PLEASE MAKE ALL CHEQUES PAYABLE TO 'IIYS' )**

I wish to attend the AGM and Yoga Morning with Genie Hammond on 25<sup>th</sup> March 2012 and enclose my cheque for £15

Name .....

Address (with Postcode): .....

.....

email: ..... I am a member of IIYS:    yes     no

Tel no ..... date ..... signed.....

**Please send completed forms with cheque payable to "IIYS" to:** Sallie Sullivan, 21 Sun Street, Lewes, BN7 2BQ Further enquiries to Sallie on 01273 478271 or email [sallie.sullivan@virgin.net](mailto:sallie.sullivan@virgin.net)

**IMPORTANT NOTE:**

- If paying for more than one event or for an event and membership together enclose SEPARATE cheques.
- Cheques will not be banked until just before/after the event.

Tick box if you require an email receipt, OR enclose a SAE if you require a printed receipt or map (please state which or both). For info on other IIYS events visit: [www.iiys.org.uk](http://www.iiys.org.uk)

\*If you are experiencing financial hardship please write to: Brian Ingram, 51 Meadow Lane, Burgess Hill, RH15 9HZ with details.