



www.iiys.org.uk

Institute of Iyengar Yoga in Sussex

ANNUAL GENERAL MEETING
at The Steyning Centre,
Fletcher's Croft, Steyning, West Sussex BN44 3XZ
preceded by

A Morning of Yoga with JULIE HODGES

Sunday the 18th April 2010, 10.30am to 1.30pm
followed by a catered buffet lunch
and IIYS AGM at about 2.00pm

Come to a morning of yoga with Senior Teacher Julie Hodges and stay for lunch and our AGM afterwards. Julie is a teacher with 22 years experience and has her own Iyengar Yoga centre in Putney, SW London. She is a teacher trainer at Introductory and Junior Intermediate levels, and a teaching assessor for the IYA (UK).

£15 members, £15 non members - lunch included



Suitable for practitioners with at least 1 year's experience.
Please bring your yoga equipment.

From Steyning High Street, turn into Church road, follow it to St Andrews Church and then turn at the statue of St Cuthman towards Fletchers Croft car parking.

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Booking Form

(PLEASE MAKE ALL CHEQUES PAYABLE TO 'IIYS')

I wish to attend the AGM and Yoga Morning with Julie Hodges on the 18th April 2010 and enclose my cheque for £15

Name

Address (with Postcode):

.....

email: I am a member of IIYS: yes no

Tel no date signed.....

Please send completed forms with cheques **made payable to "IIYS"** to:
Brian Ingram, 51 Meadow Lane, Burgess Hill, RH15 9HZ

Further enquiries to Brian 01444 236714 or email brianiyoga@tesco.net

Visit <http://www.iwestsussex.co.uk> for more information on The Steyning Centre.

PLEASE NOTE: Cheques will not be banked until just before/after the event. Tick box if you require an email receipt, OR enclose a SAE if you require a receipt or map (please state which).