



www.iiys.org.uk

Institute of Iyengar Yoga in Sussex

Yoga weekend with **RICHARD AGAR WARD**

Saturday 26th June and Sunday 27th June 2010

Saturday: 11.00am – 4.30pm

Sunday: 10.00 – 4.00pm

Venue: Brighton Natural Health Centre, Regent St., Brighton, BN1 1UL

Richard is a Senior Teacher, teacher trainer and moderator, with over 30 years experience teaching Iyengar Yoga. He has visited Pune to be taught by the Iyengars many times and runs the Bath Iyengar Yoga Centre with his wife and fellow teacher Kirsten.



Suitable for practitioners with 2 year's experience. BNHC is a fully equipped yoga venue.

£55 members (early booking £50)* **£65 non members** (early booking £60)*

Students may attend one day only but preference will be given to those attending both days:

1 Day only (specify which): £30 members £35 non-members

* Before 30th April

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Booking Form

(PLEASE MAKE ALL CHEQUES PAYABLE TO 'IIYS')

I wish to attend the Yoga Workshop with Richard Agar Ward on

..... and enclose my cheque for

Name

Address (with Postcode):

.....

email: I am a member of IIYS: yes no

Tel no date signed.....

Please send completed forms with cheques **payable to "IIYS"** to:

Mary Mulligan, 9 Islingword Street, Brighton, BN2 9UR

For further enquiries email: mulligan558@btinternet.com

*If you are experiencing financial hardship please write to: Brian Ingram, 51 Meadow Lane, Burgess Hill, RH15 9HZ with details.

PLEASE NOTE: Cheques will not be banked until just before/after the event. Tick box if you require an email receipt, OR enclose a SAE if you require a printed receipt or map (please state which or both).

Alternatively visit www.bnhc.co.uk for directions

For info on other IIYS events visit: www.iiys.org.uk